



Cliveden Cross Country

28th December 2008

Race Results (by Category)

Ladies

| Cat Pos | Position | Name | Club/Team | Finish Time | Category | Number |
|---------|----------|-----------------------|--------------------------------|-------------|----------|--------|
| 1 | 42 | STEPHANIE JAMES | MAIDENHEAD AC | 00:44:16 | Ladies | 603 |
| 2 | 55 | LAURA BUTT | CHILTERN HARRIERS AC | 00:45:15 | Ladies | 615 |
| 3 | 61 | TAMSIN NEALE | BURNHAM JOGGERS | 00:45:35 | Ladies | 824 |
| 4 | 85 | ALISON YOUNG | CHILTERN HARRIERS AC | 00:47:20 | Ladies | 613 |
| 5 | 86 | CLARE BUIS | HEATON HARRIERS | 00:47:21 | Ladies | 730 |
| 6 | 116 | KAREN SKYE | NONE | 00:48:47 | Ladies | 630 |
| 7 | 128 | SALLY STUBBS | RUNNYMEDE RUNNERS | 00:49:39 | Ladies | 668 |
| 8 | 156 | NICOLA BAKER | EALING SOUTHALL & MIDDLESEX AC | 00:50:55 | Ladies | 632 |
| 9 | 165 | AMANDA RAMSAY | DATCHET DASHERS | 00:51:16 | Ladies | 726 |
| 10 | 167 | NICKY STANNERS | NONE | 00:51:24 | Ladies | 783 |
| 11 | 194 | LUCY MAYER | BEARBROOK JOGGERS | 00:53:11 | Ladies | 735 |
| 12 | 216 | LYNN STEPHENS | RUNNYMEDE RUNNERS | 00:54:03 | Ladies | 657 |
| 13 | 218 | HOLLY JANE SEEAR | DATCHET DASHERS | 00:54:20 | Ladies | 684 |
| 14 | 221 | TORA STRACEY | HANDY CROSS RUNNERS | 00:54:24 | Ladies | 672 |
| 15 | 223 | LUCY SKYE | NONE | 00:54:38 | Ladies | 631 |
| 16 | 228 | NICOLA CORNFORD | HILLINGDON AC | 00:54:48 | Ladies | 733 |
| 17 | 229 | DONNA NEWTON | ALCHESTER | 00:54:52 | Ladies | 840 |
| 18 | 261 | JESSICA MASTERS | NONE | 00:56:27 | Ladies | 828 |
| 19 | 267 | MELISSA FARMER | MARLOW STRIDERS | 00:56:42 | Ladies | 758 |
| 20 | 292 | EMMA COOMBS | MAIDENHEAD AC | 00:58:28 | Ladies | 842 |
| 21 | 295 | JOANNA CASSELLS | HANDY CROSS RUNNERS | 00:58:43 | Ladies | 714 |
| 22 | 320 | JOANNE PRICE | NONE | 00:59:43 | Ladies | 689 |
| 23 | 325 | SHARON DAVIDSON | NONE | 00:59:56 | Ladies | 753 |
| 24 | 326 | CHERYL BAKER | NONE | 00:59:59 | Ladies | 826 |
| 25 | 336 | CHRISTINE PERKINS | MARLOW STRIDERS | 01:00:26 | Ladies | 675 |
| 26 | 337 | ANDREA BAIN | NONE | 01:00:27 | Ladies | 816 |
| 27 | 341 | CLEO KOSVINER | NONE | 01:00:39 | Ladies | 808 |
| 28 | 353 | KATE NOBLE | NONE | 01:01:09 | Ladies | 844 |
| 29 | 362 | COLLEEN REHBEIN | NONE | 01:01:30 | Ladies | 686 |
| 30 | 367 | EMMA BAYLISS | NONE | 01:01:39 | Ladies | 713 |
| 31 | 377 | ROSIE MARFLEET | NONE | 01:02:06 | Ladies | 635 |
| 32 | 378 | HEATHER FULTON | NONE | 01:02:06 | Ladies | 845 |
| 33 | 380 | ELIZABETH HASLEHURST | NONE | 01:02:22 | Ladies | 797 |
| 34 | 387 | HELEN MULHALL | BEARBROOK JOGGERS | 01:02:46 | Ladies | 807 |
| 35 | 393 | ALISON KOEN | NONE | 01:03:38 | Ladies | 677 |
| 36 | 396 | EMMA CLARKE | NONE | 01:03:49 | Ladies | 625 |
| 37 | 399 | GEMMA GARRETT | NONE | 01:04:14 | Ladies | 601 |
| 38 | 406 | SAMANTHA WILLIS | NONE | 01:04:53 | Ladies | 743 |
| 39 | 411 | JILL RODGERS | RUNNYMEDE RUNNERS | 01:05:20 | Ladies | 659 |
| 40 | 416 | PENNY HORLER | NONE | 01:05:46 | Ladies | 604 |
| 41 | 418 | CLARE SCREECHE-POWELL | NONE | 01:05:53 | Ladies | 811 |



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| | | | | | | |
|----|-----|---------------------------|-----------------|----------|--------|-----|
| 42 | 420 | KATE COOKE | NONE | 01:06:03 | Ladies | 695 |
| 43 | 421 | GENEVIEVE SCREECHE-POWELL | NONE | 01:06:05 | Ladies | 813 |
| 44 | 423 | LIZ ALLEN | NONE | 01:06:39 | Ladies | 678 |
| 45 | 437 | HELEN SUTTON | MAIDENHEAD AC | 01:08:16 | Ladies | 734 |
| 46 | 442 | EMMA GREENER | NONE | 01:08:57 | Ladies | 837 |
| 47 | 459 | JULIE HART | MARLOW STRIDERS | 01:10:32 | Ladies | 705 |
| 48 | 463 | AMANDA SEIVERS | NONE | 01:11:25 | Ladies | 720 |
| 49 | 465 | CAROLINE SEALY | NONE | 01:11:27 | Ladies | 680 |
| 50 | 466 | TINA PATEL | NONE | 01:11:27 | Ladies | 693 |
| 51 | 471 | MICHELLE YOUNGMAN | NONE | 01:12:08 | Ladies | 767 |
| 52 | 477 | CHARLOTTE JOHNSON | NONE | 01:13:47 | Ladies | 653 |
| 53 | 480 | CERI DONOVAN | NONE | 01:14:35 | Ladies | 770 |
| 54 | 483 | HELEN COVUS | NONE | 01:15:30 | Ladies | 741 |



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Race Results (by Category)

FV40

| Cat Pos | Position | Name | Club/Team | Finish Time | Category | Number |
|---------|----------|-------------------|----------------------------|-------------|----------|--------|
| 1 | 17 | SARAH GEE | READING ROAD RUNNERS | 00:41:36 | FV40 | 670 |
| 2 | 54 | DEBBIE WENMAN | CHILTERN HARRIERS AC | 00:45:07 | FV40 | 608 |
| 3 | 63 | LESLEY WHILEY | READING ROAD RUNNERS | 00:45:53 | FV40 | 648 |
| 4 | 92 | ALISON BROWNHILL | NONE | 00:47:44 | FV40 | 830 |
| 5 | 105 | GILLIAN MCALISTER | NONE | 00:48:27 | FV40 | 702 |
| 6 | 106 | MICHAELA COLWELL | TRING RUNNING CLUB | 00:48:29 | FV40 | 658 |
| 7 | 120 | SHARON HILL | NONE | 00:49:02 | FV40 | 754 |
| 8 | 121 | PENNY CUTLER | HANDY CROSS RUNNERS | 00:49:05 | FV40 | 773 |
| 9 | 131 | PATRICIA THOMAS | NONE | 00:49:48 | FV40 | 643 |
| 10 | 145 | COLETTE O'NEILL | HILLINGDON TRIATHLETES | 00:50:34 | FV40 | 652 |
| 11 | 148 | EMMA KEYS | HEADINGTON ROAD RUNNERS | 00:50:43 | FV40 | 750 |
| 12 | 152 | DEBBIE MCMAHON | ROYAL BERKS | 00:50:50 | FV40 | 661 |
| 13 | 170 | HELLE JERSILD | RUNNYMEDE RUNNERS | 00:51:29 | FV40 | 687 |
| 14 | 172 | LESLEY KIRK | STRATFORD UPON AVON AC | 00:51:33 | FV40 | 780 |
| 15 | 175 | ANDREA SAYER | DATCHET DASHERS | 00:51:42 | FV40 | 779 |
| 16 | 179 | ANNE REINIKKALA | BEARBROOK JOGGERS | 00:51:56 | FV40 | 620 |
| 17 | 185 | ALISON BOWEN | NONE | 00:52:17 | FV40 | 709 |
| 18 | 197 | KATE HUNT | NONE | 00:53:15 | FV40 | 781 |
| 19 | 198 | KATHERINE LOACH | CHILTERN HARRIERS AC | 00:53:19 | FV40 | 616 |
| 20 | 202 | MANDY BONTRHON | TRING RUNNING CLUB | 00:52:29 | FV40 | 618 |
| 21 | 204 | WENDY HARBOTTLE | NONE | 00:53:32 | FV40 | 822 |
| 22 | 207 | CAROLYN LICKETT | NONE | 00:53:41 | FV40 | 647 |
| 23 | 231 | BARBARA ORTH | THAME RUNNERS | 00:54:55 | FV40 | 717 |
| 24 | 243 | MRS BURGESS | TRING RUNNING CLUB | 00:55:15 | FV40 | 764 |
| 25 | 246 | MICHELLE BOOTH | HANDY CROSS RUNNERS | 00:55:29 | FV40 | 607 |
| 26 | 248 | SANDY RIDGEWAY | BEARBROOK JOGGERS | 00:55:34 | FV40 | 681 |
| 27 | 252 | DIANA CHARLES | NONE | 00:55:43 | FV40 | 759 |
| 28 | 258 | DEBBY HEWISON | SANDHURST JOGGERS | 00:56:09 | FV40 | 729 |
| 29 | 270 | BLAKEMORE NICOLA | WINDLE VALLEY | 00:56:50 | FV40 | 676 |
| 30 | 277 | JO WEATHERALL | DATCHET DASHERS | 00:57:26 | FV40 | 765 |
| 31 | 278 | GERVASE FOLEY | MAIDENHEAD AC | 00:57:29 | FV40 | 804 |
| 32 | 279 | AMANDA BENSTEAD | NONE | 00:57:33 | FV40 | 784 |
| 33 | 285 | JANE PORTEOUS | TRING RUNNING CLUB | 00:58:01 | FV40 | 656 |
| 34 | 291 | PHILIPPA BUDGEN | NONE | 00:58:26 | FV40 | 698 |
| 35 | 299 | HELEN LACEY | NONE | 00:58:50 | FV40 | 778 |
| 36 | 300 | CELIA EDWARDS | HANDY CROSS RUNNERS | 00:58:51 | FV40 | 724 |
| 37 | 321 | ELIZABETH AINSLIE | EVOLUTION TRI CLUB | 00:59:48 | FV40 | 633 |
| 38 | 327 | DIANE. ALDER | NONE | 01:00:06 | FV40 | 755 |
| 39 | 330 | LESLEY BURCHETT | HILLINGDON TRIATHLETES | 01:00:11 | FV40 | 710 |
| 40 | 344 | KAREN PEEK | SURREY HASH HOUSE HARRIERS | 01:00:45 | FV40 | 803 |
| 41 | 347 | SUE SHATTOCK | NONE | 01:00:52 | FV40 | 785 |



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|----|-----|-------------------|----------------------------|----------|------|-----|
| 42 | 351 | KIM REED | TRING RUNNING CLUB | 01:01:00 | FV40 | 622 |
| 43 | 358 | HELEN WILLCOCKS | NONE | 01:01:19 | FV40 | 746 |
| 44 | 359 | CLAIRE PRIMETT | BURNHAM JOGGERS | 01:01:23 | FV40 | 806 |
| 45 | 360 | ELIZABETH DAVID | NONE | 01:01:27 | FV40 | 814 |
| 46 | 361 | LOUISE CLARK | NONE | 01:01:28 | FV40 | 721 |
| 47 | 363 | MELANIE EDRIDGE | NONE | 01:01:35 | FV40 | 611 |
| 48 | 365 | KAREN ELBOURNE | NONE | 01:01:38 | FV40 | 752 |
| 49 | 369 | JAYNE HOLT | MARLOW STRIDERS | 01:01:41 | FV40 | 651 |
| 50 | 386 | MICHELLE COTTER | GARDEN CITY RUNNERS | 01:02:44 | FV40 | 742 |
| 51 | 391 | JULIA MOLYNEUX | READING ROAD RUNNERS | 01:03:26 | FV40 | 624 |
| 52 | 394 | DAWN WRIGLEY | MAIDENHEAD AC | 01:03:47 | FV40 | 612 |
| 53 | 400 | SUSAN FALLON | THAME RUNNERS | 01:04:27 | FV40 | 728 |
| 54 | 401 | HEIDI FOLKARD | CHILTERN HARRIERS AC | 01:04:32 | FV40 | 827 |
| 55 | 403 | ANNE SIDNELL | NONE | 01:04:43 | FV40 | 831 |
| 56 | 404 | AMANDA GUMUS | HANDY CROSS RUNNERS | 01:04:52 | FV40 | 602 |
| 57 | 407 | JANE SPURGEON | NONE | 01:05:02 | FV40 | 737 |
| 58 | 413 | RACHEL ARTHUR | NONE | 01:05:28 | FV40 | 775 |
| 59 | 414 | SUSAN TWELVETREES | NONE | 01:05:34 | FV40 | 790 |
| 60 | 415 | CLAIRE STUBBINGS | CHILTERN HARRIERS AC | 01:05:35 | FV40 | 745 |
| 61 | 419 | CATHARINE BOND | NONE | 01:05:57 | FV40 | 791 |
| 62 | 424 | DONNA BLUCK | NONE | 01:06:44 | FV40 | 683 |
| 63 | 426 | CHERYL MOULD | NONE | 01:06:51 | FV40 | 617 |
| 64 | 428 | JULIE LUCKETT | NONE | 01:07:05 | FV40 | 836 |
| 65 | 434 | FRANCES MILLS | TRING RUNNING CLUB | 01:07:58 | FV40 | 825 |
| 66 | 435 | ROSEMARY MILLER | NONE | 01:08:02 | FV40 | 776 |
| 67 | 436 | REBECCA MCQUEEN | NONE | 01:08:02 | FV40 | 782 |
| 68 | 441 | ROSIE ELLIS | MAIDENHEAD RUNNING SISTERS | 01:08:54 | FV40 | 621 |
| 69 | 443 | BEV HENRY | NONE | 01:08:58 | FV40 | 756 |
| 70 | 445 | ANN PALMER | HANDY CROSS RUNNERS | 01:09:13 | FV40 | 605 |
| 71 | 455 | CHERYL SCUDAMORE | WARE JOGGERS | 01:09:57 | FV40 | 793 |
| 72 | 456 | SIAN TINDAL | NONE | 01:10:04 | FV40 | 688 |
| 73 | 458 | MAUREEN SWEENEY | READING JOGGERS | 01:10:25 | FV40 | 610 |
| 74 | 464 | KIM STEVENS | READING ROAD RUNNERS | 01:11:26 | FV40 | 663 |
| 75 | 467 | DEBBIE STARRS | NONE | 01:11:36 | FV40 | 711 |
| 76 | 468 | CLARE CUNNINGTON | NONE | 01:11:57 | FV40 | 798 |
| 77 | 469 | FRANCES PRESSNER | NONE | 01:11:57 | FV40 | 769 |
| 78 | 486 | ELIZABETH NEWMAN | METROS | 01:17:13 | FV40 | 772 |
| 79 | 489 | CAROLINE WRIGHT | NONE | 01:19:57 | FV40 | 819 |



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Race Results (by Category)

FV50

| Cat Pos | Position | Name | Club/Team | Finish Time | Category | Number |
|---------|----------|-------------------|--------------------------------|-------------|----------|--------|
| 1 | 68 | JANE DAVIES | READING JOGGERS | 00:46:00 | FV50 | 760 |
| 2 | 94 | VAL ROWE | SHAFTESBURY BARNET | 00:47:57 | FV50 | 646 |
| 3 | 164 | JANET BINNS | WINDSOR SLOUGH ETON & HOUNSL | 00:51:11 | FV50 | 788 |
| 4 | 173 | JO LEWIS | THAMES VALLEY HARRIERS | 00:51:34 | FV50 | 794 |
| 5 | 190 | CAROL JONES | NONE | 00:52:49 | FV50 | 823 |
| 6 | 199 | CHRISTINE MEEK | NONE | 00:53:25 | FV50 | 626 |
| 7 | 206 | DARINKA REILLY | HANDY CROSS RUNNERS | 00:53:38 | FV50 | 723 |
| 8 | 212 | FIONA KENNEDY | EALING SOUTHALL & MIDDLESEX AC | 00:53:56 | FV50 | 627 |
| 9 | 233 | LINDA HUXLEY | BEARBROOK JOGGERS | 00:54:58 | FV50 | 655 |
| 10 | 260 | CLARE ELLIOTT | READING ROAD RUNNERS | 00:56:16 | FV50 | 800 |
| 11 | 262 | URSULA DOWNS | NONE | 00:56:31 | FV50 | 792 |
| 12 | 273 | SALLY MASTERS | NONE | 00:57:10 | FV50 | 833 |
| 13 | 281 | OONAGH THOMPSON | MARLOW STRIDERS | 00:57:38 | FV50 | 669 |
| 14 | 296 | ANN DAVIDSON | NONE | 00:58:47 | FV50 | 645 |
| 15 | 304 | JANE FRUEN | MARLOW STRIDERS | 00:59:04 | FV50 | 700 |
| 16 | 368 | ANNE MORRIS | NONE | 01:01:40 | FV50 | 843 |
| 17 | 374 | BEATRIZ WRAY | NONE | 01:01:57 | FV50 | 821 |
| 18 | 379 | ANNIE BIRCH | EALING SOUTHALL & MIDDLESEX AC | 01:02:08 | FV50 | 641 |
| 19 | 385 | BLANCHE MORRISSEY | MARLOW STRIDERS | 01:02:44 | FV50 | 829 |
| 20 | 389 | HARRIET ANGELL | NONE | 01:03:14 | FV50 | 664 |
| 21 | 408 | LINDA WRIGHT | READING ROAD RUNNERS | 01:05:10 | FV50 | 795 |
| 22 | 409 | LESLEY BOATMAN | METROS | 01:05:15 | FV50 | 810 |
| 23 | 417 | ELSPETH BLACK | NONE | 01:05:50 | FV50 | 796 |
| 24 | 431 | LINDA FOX | MAIDENHEAD AC | 01:07:34 | FV50 | 727 |
| 25 | 432 | TERESA YOUNG | METROS | 01:07:36 | FV50 | 704 |
| 26 | 438 | CAROL CLIFFORD | BEARBROOK JOGGERS | 01:08:17 | FV50 | 634 |
| 27 | 440 | KATHY TYTLER | READING ROAD RUNNERS | 01:08:48 | FV50 | 715 |
| 28 | 444 | GILL EVANS | MAIDENHEAD AC | 01:09:06 | FV50 | 748 |
| 29 | 447 | MAGGIE WATKINS | NONE | 01:09:27 | FV50 | 817 |
| 30 | 449 | JACKIE COPE | METROS | 01:09:47 | FV50 | 636 |
| 31 | 453 | HAZEL JONES | NONE | 01:09:54 | FV50 | 697 |
| 32 | 461 | JUDY HICKS | READING JOGGERS | 01:11:06 | FV50 | 815 |
| 33 | 462 | DOMINIQUE CARABIN | BURNHAM JOGGERS | 01:11:09 | FV50 | 799 |
| 34 | 472 | JASIA ZIMMERMANN | METROS | 01:12:18 | FV50 | 762 |
| 35 | 476 | CHRIS ROBERTS | WATFORD JOGGERS | 01:13:40 | FV50 | 665 |
| 36 | 482 | KATHY CHANTLER | NONE | 01:14:53 | FV50 | 707 |
| 37 | 485 | PATRICIA HEATH | NONE | 01:16:03 | FV50 | 629 |



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Race Results (by Category)

FV60

| Cat Pos | Position | Name | Club/Team | Finish Time | Category | Number |
|---------|----------|------------------|------------------------------|-------------|----------|--------|
| 1 | 349 | BRENDA KING | CHILTERN HARRIERS AC | 01:00:54 | FV60 | 649 |
| 2 | 352 | MEG KNIGHT | HANDY CROSS RUNNERS | 01:01:06 | FV60 | 638 |
| 3 | 390 | PAULINE SIDDONS | WINDSOR SLOUGH ETON & HOUNSL | 01:03:19 | FV60 | 654 |
| 4 | 454 | RITA HOLLINGTON | DIDCOT RUNNERS | 01:09:56 | FV60 | 694 |
| 5 | 473 | PATRICIA CRADDEN | NONE | 01:12:53 | FV60 | 614 |
| 6 | 475 | SONYA GRIST | METROS | 01:13:18 | FV60 | 820 |
| 7 | 484 | KATH DONALDSON | METROS | 01:15:40 | FV60 | 771 |



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Race Results (by Category)

FV70

| Cat Pos | Position | Name | Club/Team | Finish Time | Category | Number |
|---------|----------|----------------|---------------------|-------------|----------|--------|
| 1 | 372 | EILA MANSFIELD | VETS AC | 01:01:48 | FV70 | 667 |
| 2 | 392 | ELEANOR DRAPER | GARDEN CITY RUNNERS | 01:03:31 | FV70 | 761 |



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Race Results (by Category)

Men

| Cat Pos | Position | Name | Club/Team | Finish Time | Category | Number |
|---------|----------|-----------------|-------------------------------|-------------|----------|--------|
| 1 | 1 | JAMES BUIS | HEATON HARRIERS | 00:36:32 | Men | 335 |
| 2 | 2 | EDDIE O'GORMAN | CHILTERN HARRIERS AC | 00:37:32 | Men | 249 |
| 3 | 3 | FABIAN DOWNS | CHILTERN HARRIERS AC | 00:37:48 | Men | 450 |
| 4 | 5 | BEN HOWARD | NONE | 00:39:15 | Men | 160 |
| 5 | 7 | JAMES EVE | NONE | 00:39:48 | Men | 305 |
| 6 | 9 | BRENDON GILBERT | HANDY CROSS RUNNERS | 00:39:53 | Men | 190 |
| 7 | 10 | MARK GRAY | NONE | 00:39:54 | Men | 366 |
| 8 | 12 | JULIAN SHERMAN | READING ROAD RUNNERS | 00:40:29 | Men | 357 |
| 9 | 16 | ROSS LANGLEY | TRING RUNNING CLUB | 00:41:28 | Men | 291 |
| 10 | 21 | TIM SLATER | NONE | 00:42:07 | Men | 267 |
| 11 | 26 | JACK MARFLEET | NONE | 00:42:47 | Men | 211 |
| 12 | 31 | MARTIN SOLMS | READING ROAD RUNNERS | 00:43:31 | Men | 213 |
| 13 | 32 | JAMES FRANCIS | NONE | 00:43:36 | Men | 480 |
| 14 | 33 | CLARK SCHOFIELD | HILLINGDON TRIATHLETES | 00:43:41 | Men | 264 |
| 15 | 34 | GARY MASH | DATCHET DASHERS | 00:43:42 | Men | 233 |
| 16 | 36 | ROSS MCDONOUGH | DATCHET DASHERS | 00:43:46 | Men | 149 |
| 17 | 40 | MARK EDWARDS | HILLINGDON TRIATHLETES | 00:44:01 | Men | 164 |
| 18 | 44 | JONATHAN BUDGE | MAIDENHEAD AC | 00:44:27 | Men | 178 |
| 19 | 45 | JON KEW | MAIDENHEAD AC | 00:44:29 | Men | 506 |
| 20 | 53 | SHEA HINDMAN | NONE | 00:45:03 | Men | 351 |
| 21 | 56 | DAVID SHENTON | NONE | 00:45:23 | Men | 469 |
| 22 | 57 | STEPHEN GAWNE | BURNHAM JOGGERS | 00:45:27 | Men | 144 |
| 23 | 58 | NICHOLAS ROUND | BERKSHIRE HASH HOUSE HARRIERS | 00:45:30 | Men | 487 |
| 24 | 62 | JONATHAN THRIFT | NONE | 00:45:49 | Men | 421 |
| 25 | 65 | ANDREW HARRISON | HANDY CROSS RUNNERS | 00:45:54 | Men | 338 |
| 26 | 66 | PATRICK MULHALL | BEARBROOK JOGGERS | 00:45:54 | Men | 474 |
| 27 | 67 | DAN BORTHWICK | NONE | 00:45:55 | Men | 524 |
| 28 | 69 | JUSTIN COOMBS | MAIDENHEAD AC | 00:46:11 | Men | 466 |
| 29 | 71 | IAN CRABTREE | NONE | 00:46:19 | Men | 275 |
| 30 | 74 | JAMES STREET | DATCHET DASHERS | 00:46:40 | Men | 413 |
| 31 | 77 | IAN GIGGS | NONE | 00:47:02 | Men | 507 |
| 32 | 78 | MICHAEL MALDAR | NONE | 00:47:05 | Men | 134 |
| 33 | 87 | STEVE BING | NONE | 00:47:24 | Men | 212 |
| 34 | 102 | JOS KNIGHT | MAIDENHEAD AC | 00:48:13 | Men | 167 |
| 35 | 110 | NICK WILKINSON | DATCHET DASHERS | 00:48:37 | Men | 222 |
| 36 | 114 | STUART SWYGART | NONE | 00:48:42 | Men | 293 |
| 37 | 119 | MARFLEET PETER | NONE | 00:48:57 | Men | 157 |
| 38 | 124 | GREG SMITH | MAIDENHEAD AC | 00:49:22 | Men | 153 |
| 39 | 126 | PAUL BATEY | NONE | 00:49:33 | Men | 109 |
| 40 | 129 | SAM DOWNS | NONE | 00:49:44 | Men | 451 |
| 41 | 130 | JOHN LAIRD | HILLINGDON AC | 00:49:47 | Men | 147 |



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|----|-----|----------------------|--------------------------|----------|-----|-----|
| 42 | 141 | JUSTIN SHOWELL | PURPLE PATCH RUNNERS | 00:50:22 | Men | 504 |
| 43 | 161 | ANDY SMITH | NONE | 00:51:07 | Men | 151 |
| 44 | 162 | BRETT SIDONS | NONE | 00:51:08 | Men | 163 |
| 45 | 163 | ALEXEI VINK | NONE | 00:51:09 | Men | 350 |
| 46 | 166 | TOM BENNET | MAIDENHEAD AC | 00:51:21 | Men | 115 |
| 47 | 174 | JAMES OSBORNE | NONE | 00:51:38 | Men | 184 |
| 48 | 176 | OLIVER BUTLER | NONE | 00:51:50 | Men | 235 |
| 49 | 177 | ED SMITH | MAIDENHEAD AC | 00:51:53 | Men | 152 |
| 50 | 183 | SIMON PERALTA | NONE | 00:52:04 | Men | 513 |
| 51 | 184 | NICK COOKE | NONE | 00:52:10 | Men | 284 |
| 52 | 188 | DAVID ROSS | MAIDENHEAD AC | 00:52:28 | Men | 316 |
| 53 | 191 | DAVID ZERNY | HILLINGDON TRIATHLETES | 00:52:51 | Men | 417 |
| 54 | 192 | TOM MARFLEET | NONE | 00:52:59 | Men | 263 |
| 55 | 215 | MATTHEW NELSON | NONE | 00:54:03 | Men | 355 |
| 56 | 222 | MARK ACKLAND-SNOW | NONE | 00:54:28 | Men | 121 |
| 57 | 224 | TIM FARRANT | NONE | 00:54:40 | Men | 322 |
| 58 | 225 | BRIAN GREGORY | NONE | 00:54:41 | Men | 419 |
| 59 | 226 | JERRY MCGILL | RUNNYMEDE RUNNERS | 00:54:44 | Men | 433 |
| 60 | 240 | KELVIN GOWER | NONE | 00:55:12 | Men | 329 |
| 61 | 241 | JON HUTCHINSON | NONE | 00:55:14 | Men | 205 |
| 62 | 249 | SHLOMO MANHEIM | WARGRAVE RUNNERS | 00:55:37 | Men | 394 |
| 63 | 250 | THOMAS WHITLOCK | NONE | 00:55:40 | Men | 399 |
| 64 | 259 | MARK GARRETT | NONE | 00:56:12 | Men | 102 |
| 65 | 263 | GUY GREWAL | NONE | 00:56:36 | Men | 414 |
| 66 | 264 | MICHAEL O'CONNELL | NONE | 00:56:37 | Men | 373 |
| 67 | 265 | JUSTIN O'CONNELL | NONE | 00:56:37 | Men | 374 |
| 68 | 269 | MARTIN THUNDERCLIFFE | NONE | 00:56:47 | Men | 250 |
| 69 | 276 | MARK GREENER | NONE | 00:57:17 | Men | 247 |
| 70 | 286 | GARY MINTER | NONE | 00:58:04 | Men | 332 |
| 71 | 287 | SCOTT BURROWS | BRACKNELL FOREST RUNNERS | 00:58:05 | Men | 203 |
| 72 | 289 | DAVID MOCKETT | CHILTERN HARRIERS AC | 00:58:23 | Men | 432 |
| 73 | 301 | RHYS RAVENSCROFT | NONE | 00:59:02 | Men | 427 |
| 74 | 302 | PETER CHIZLETT | NONE | 00:59:03 | Men | 246 |
| 75 | 314 | NICK PALMER | NONE | 00:59:22 | Men | 435 |
| 76 | 323 | RUSSELL HORTON | NONE | 00:59:52 | Men | 206 |
| 77 | 335 | JOHN WRIGHT | NONE | 01:00:22 | Men | 490 |
| 78 | 346 | DAFYDD RAVENSCROFT | NONE | 01:00:49 | Men | 426 |
| 79 | 357 | WILLIAM WHITLOCK | NONE | 01:01:17 | Men | 400 |
| 80 | 370 | NIK CHALK | NONE | 01:01:42 | Men | 137 |
| 81 | 412 | JASON STUBBS | RUNNYMEDE RUNNERS | 01:05:22 | Men | 219 |
| 82 | 470 | MARCUS PURNELL | NONE | 01:12:08 | Men | 407 |
| 83 | 474 | CHRIS COX | READING ROAD RUNNERS | 01:12:53 | Men | 340 |
| 84 | 478 | JOSEPH HEATH | NONE | 01:13:48 | Men | 188 |



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Race Results (by Category)

MV40

| Cat Pos | Position | Name | Club/Team | Finish Time | Category | Number |
|---------|----------|------------------|-------------------------|-------------|----------|--------|
| 1 | 4 | FRANK FULCHER | HANDY CROSS RUNNERS | 00:38:00 | MV40 | 107 |
| 2 | 6 | STEPHEN NORRIS | THAMES VALLEY HARRIERS | 00:39:42 | MV40 | 505 |
| 3 | 8 | RYAN BROOKLING | NONE | 00:39:52 | MV40 | 475 |
| 4 | 11 | PAUL ALLEN | TRING RUNNING CLUB | 00:40:11 | MV40 | 110 |
| 5 | 13 | PETE SUMMERS | BURNHAM JOGGERS | 00:40:35 | MV40 | 183 |
| 6 | 14 | GRAHAM SMITH | BEARBROOK JOGGERS | 00:40:52 | MV40 | 240 |
| 7 | 15 | SIMON ALLISON | MAIDENHEAD AC | 00:41:01 | MV40 | 330 |
| 8 | 18 | MICHAEL BURGESS | TRING RUNNING CLUB | 00:41:49 | MV40 | 352 |
| 9 | 19 | ALAN WHELAN | TRING RUNNING CLUB | 00:41:49 | MV40 | 104 |
| 10 | 22 | DAVID ROBERTS | NONE | 00:42:15 | MV40 | 239 |
| 11 | 24 | ROBERT BEALES | NONE | 00:42:42 | MV40 | 370 |
| 12 | 27 | CHRIS TAYLOR | MAIDENHEAD AC | 00:43:10 | MV40 | 458 |
| 13 | 28 | IAN GOULD | NONE | 00:43:11 | MV40 | 372 |
| 14 | 29 | JOHN RIDOUT | TADLEY RUNNERS | 00:43:13 | MV40 | 278 |
| 15 | 37 | NIGEL CROWTHER | TVT | 00:43:49 | MV40 | 460 |
| 16 | 38 | JONATHAN MILLER | NONE | 00:43:53 | MV40 | 420 |
| 17 | 39 | ANDREW FORD | MARLOW STRIDERS | 00:43:58 | MV40 | 363 |
| 18 | 41 | SCOTT HEPBURN | DATCHET DASHERS | 00:44:08 | MV40 | 523 |
| 19 | 43 | STEVE MORRIS | D3 TRIATHLON | 00:44:23 | MV40 | 135 |
| 20 | 46 | STEVE PERKIN | CHILTERN HARRIERS AC | 00:44:31 | MV40 | 189 |
| 21 | 47 | SIMON CLARIDGE | HILLINGDON AC | 00:44:34 | MV40 | 129 |
| 22 | 48 | JOHN HUSBANDS | THAMES VALLEY HARRIERS | 00:44:37 | MV40 | 439 |
| 23 | 49 | COLIN COTTELL | READING ROAD RUNNERS | 00:44:41 | MV40 | 170 |
| 24 | 50 | GRANT SAYER | DATCHET DASHERS | 00:44:43 | MV40 | 434 |
| 25 | 51 | MICHAEL TURNEY | CHILTERN HARRIERS AC | 00:44:44 | MV40 | 196 |
| 26 | 52 | DOUG CANNON | PURPLE PATCH RUNNERS | 00:44:57 | MV40 | 252 |
| 27 | 59 | SIMON BOWLER | ETON TRI CLUB | 00:45:31 | MV40 | 245 |
| 28 | 64 | PETER WALKER | BURNHAM JOGGERS | 00:45:53 | MV40 | 296 |
| 29 | 70 | GRANT WHITAKER | CHILTERN HARRIERS AC | 00:46:12 | MV40 | 261 |
| 30 | 73 | DAVID GRAY | NONE | 00:46:26 | MV40 | 172 |
| 31 | 76 | TREVOR LARK | NONE | 00:46:56 | MV40 | 176 |
| 32 | 80 | PETER GUNN | METROS | 00:47:08 | MV40 | 500 |
| 33 | 82 | MICK SCALES | RUNNYMEDE RUNNERS | 00:47:15 | MV40 | 497 |
| 34 | 88 | KEVIN SMART | METROS | 00:47:25 | MV40 | 445 |
| 35 | 89 | ANGUS CRAWFORD | NONE | 00:47:27 | MV40 | 288 |
| 36 | 96 | ALAN PYE | RUNNYMEDE RUNNERS | 00:48:02 | MV40 | 334 |
| 37 | 101 | PETE CAIRNIE | BEARBROOK JOGGERS | 00:48:12 | MV40 | 162 |
| 38 | 104 | JOHN KAVANAGH | SOUTH WEST ROAD RUNNERS | 00:48:22 | MV40 | 216 |
| 39 | 107 | ADRIAN MCCORMACK | CHILTERN HARRIERS AC | 00:48:29 | MV40 | 200 |
| 40 | 109 | MATT SINNOTT | MAIDENHEAD AC | 00:48:36 | MV40 | 138 |
| 41 | 112 | NIGEL MANN | HILLINGDON AC | 00:48:38 | MV40 | 385 |



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Race Results (by Category)

| | | | | | | |
|----|-----|---------------------|--------------------------------|----------|------|-----|
| 42 | 115 | STEVE PARSONS | RUNNYMEDE RUNNERS | 00:48:43 | MV40 | 347 |
| 43 | 117 | DAVID MILNES | BOGOTTERS | 00:48:49 | MV40 | 424 |
| 44 | 118 | MITCH KENNY | NONE | 00:48:57 | MV40 | 120 |
| 45 | 122 | MARTIN BOWD | HILLINGDON TRIATHLETES | 00:49:06 | MV40 | 255 |
| 46 | 123 | STEVE KIRK | STRATFORD UPON AVON AC | 00:49:14 | MV40 | 436 |
| 47 | 125 | GILES WATSON | NONE | 00:49:28 | MV40 | 483 |
| 48 | 127 | THEO PRESSNER | NONE | 00:49:37 | MV40 | 402 |
| 49 | 132 | LIAM MIFSUD | NONE | 00:49:49 | MV40 | 416 |
| 50 | 133 | STEVE CLARK | MARLOW CLUB | 00:49:55 | MV40 | 210 |
| 51 | 136 | RICHARD LAWRANCE | READING ROAD RUNNERS | 00:50:07 | MV40 | 133 |
| 52 | 137 | ROGER MINTON | NONE | 00:50:07 | MV40 | 156 |
| 53 | 139 | NEIL MITCHELL | RUNNYMEDE RUNNERS | 00:50:13 | MV40 | 274 |
| 54 | 142 | IAN GILGAM | NONE | 00:50:25 | MV40 | 382 |
| 55 | 143 | ROB KEY | NONE | 00:50:27 | MV40 | 241 |
| 56 | 147 | MARTIN KEEGAN | RUNNYMEDE RUNNERS | 00:50:42 | MV40 | 259 |
| 57 | 150 | GAVIN BERRY | NONE | 00:50:46 | MV40 | 285 |
| 58 | 151 | CHRIS ELLIS | MAIDENHEAD AC | 00:50:49 | MV40 | 127 |
| 59 | 153 | MICK GARLAND | WYCOMBE PHOENIX HARRIERS A.C. | 00:50:51 | MV40 | 406 |
| 60 | 154 | NEIL BENNET | MAIDENHEAD AC | 00:50:52 | MV40 | 114 |
| 61 | 157 | WILLIAM BLEDEGE | NONE | 00:50:55 | MV40 | 276 |
| 62 | 160 | STEPHEN MCALISTER | NONE | 00:51:02 | MV40 | 294 |
| 63 | 168 | GARRY PAGE | CHILTERN HARRIERS AC | 00:51:25 | MV40 | 428 |
| 64 | 169 | PAUL HARTIGAN | TEAM PHARMIWEB.COM | 00:51:28 | MV40 | 198 |
| 65 | 171 | TIM HOLT | MAIDENHEAD AC | 00:51:32 | MV40 | 410 |
| 66 | 178 | DAVID O'FLAHERTY | DATCHET DASHERS | 00:51:56 | MV40 | 315 |
| 67 | 180 | GREG MARSH | MAIDENHEAD AC | 00:51:59 | MV40 | 449 |
| 68 | 181 | PHIL CRIST | NONE | 00:52:01 | MV40 | 180 |
| 69 | 182 | SIMON AINSLIE | EVOLUTION TRI CLUB | 00:52:02 | MV40 | 158 |
| 70 | 193 | JONATHAN HILDRETH | CHILTERN HARRIERS AC | 00:53:06 | MV40 | 512 |
| 71 | 195 | ROB ENGERS | CHILTERN HARRIERS AC | 00:53:13 | MV40 | 359 |
| 72 | 196 | JONATHAN BEEDLE | CHILTERN HARRIERS AC | 00:53:14 | MV40 | 464 |
| 73 | 205 | SAYEED ISLAM | MAIDENHEAD AC | 00:53:37 | MV40 | 459 |
| 74 | 209 | MIKE SHARP | NONE | 00:53:47 | MV40 | 344 |
| 75 | 214 | TERRY PALMER | NONE | 00:53:56 | MV40 | 418 |
| 76 | 219 | NICK CRIST | NONE | 00:54:21 | MV40 | 181 |
| 77 | 220 | JACOB GLOOR | HILLINGDON TRIATHLETES | 00:54:23 | MV40 | 207 |
| 78 | 230 | PHILIP RUSSELL | RUNNYMEDE RUNNERS | 00:54:52 | MV40 | 362 |
| 79 | 232 | DAVID STEVENI | NONE | 00:54:58 | MV40 | 111 |
| 80 | 238 | ASHLEY BRISTOW | NONE | 00:55:10 | MV40 | 331 |
| 81 | 239 | DARRELL BRESSINGTON | MAIDENHEAD AC | 00:55:11 | MV40 | 321 |
| 82 | 247 | SIMON KILN | NONE | 00:55:33 | MV40 | 186 |
| 83 | 255 | ANDREW BOWEN | NONE | 00:56:05 | MV40 | 302 |
| 84 | 266 | JOHN WRIGHT | NONE | 00:56:38 | MV40 | 299 |
| 85 | 280 | SIMON COPE | VEGETARIAN CYCLING AND ATHLETI | 00:57:35 | MV40 | 356 |



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Race Results (by Category)

| | | | | | | |
|-----|-----|---------------------|--------------------------|----------|------|-----|
| 86 | 282 | ANDREW SMITH | NONE | 00:57:47 | MV40 | 292 |
| 87 | 288 | DAVID LLEWELLYN | NONE | 00:58:09 | MV40 | 348 |
| 88 | 293 | JOHN GRAY | NONE | 00:58:29 | MV40 | 323 |
| 89 | 294 | PETER COLLINS | NONE | 00:58:40 | MV40 | 452 |
| 90 | 305 | STEVE CHAPPLE | MARLOW STRIDERS | 00:59:04 | MV40 | 465 |
| 91 | 306 | FRANK RAVENSCROFT | BP HELIOS HARRIERS | 00:59:04 | MV40 | 423 |
| 92 | 310 | IAN KNIGHT | MAIDENHEAD AC | 00:59:13 | MV40 | 166 |
| 93 | 311 | PETER BRYAN | NONE | 00:59:14 | MV40 | 397 |
| 94 | 316 | NICK FAWCETT | NONE | 00:59:24 | MV40 | 273 |
| 95 | 329 | STEVEN HART | HILLINGDON TRIATHLETES | 01:00:09 | MV40 | 165 |
| 96 | 338 | ANDREW STARRS | NONE | 01:00:27 | MV40 | 304 |
| 97 | 342 | PHILIP MOLYNEUX | NONE | 01:00:40 | MV40 | 131 |
| 98 | 343 | LLOYD ADAM | NONE | 01:00:43 | MV40 | 408 |
| 99 | 345 | CHRISTOPHER ROBERTS | NONE | 01:00:46 | MV40 | 481 |
| 100 | 348 | MATT SHATTOCK | NONE | 01:00:53 | MV40 | 444 |
| 101 | 355 | BRIAN WALKER | NONE | 01:01:11 | MV40 | 126 |
| 102 | 371 | STEPHEN COOPER | HWH3 | 01:01:47 | MV40 | 341 |
| 103 | 381 | PAUL BRADY | NONE | 01:02:24 | MV40 | 472 |
| 104 | 388 | FRANK DEANS | NONE | 01:02:51 | MV40 | 202 |
| 105 | 395 | JOHN SMITH | MAIDENHEAD AC | 01:03:47 | MV40 | 141 |
| 106 | 397 | PAUL CLARKE | NONE | 01:03:49 | MV40 | 132 |
| 107 | 398 | PETER HARROD | NONE | 01:03:59 | MV40 | 502 |
| 108 | 405 | KEVIN DARGUE | THAMES VALLEY SKIFF CLUB | 01:04:52 | MV40 | 326 |
| 109 | 422 | TIM OAKLEY | METROS | 01:06:05 | MV40 | 393 |
| 110 | 427 | TIMOTHY HOPKINS | NONE | 01:07:00 | MV40 | 488 |
| 111 | 452 | PERRY JONES | NONE | 01:09:53 | MV40 | 287 |
| 112 | 457 | DAVID TINDAL | NONE | 01:10:04 | MV40 | 269 |
| 113 | 481 | PETER CLAPHAM | NONE | 01:14:53 | MV40 | 493 |



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Race Results (by Category)

MV50

| Cat Pos | Position | Name | Club/Team | Finish Time | Category | Number |
|---------|----------|------------------|--------------------------------|-------------|----------|--------|
| 1 | 20 | LEE BENJAMIN | THAMES VALLEY HARRIERS | 00:41:57 | MV50 | 516 |
| 2 | 23 | DAVID TRUEPENNY | RUNNYMEDE RUNNERS | 00:42:21 | MV50 | 265 |
| 3 | 25 | JOHN QUIRKE | LONDON IRISH | 00:42:52 | MV50 | 517 |
| 4 | 30 | MIKK BRADLEY | WATFORD HARRIERS | 00:43:21 | MV50 | 381 |
| 5 | 35 | EDWARD DODWELL | READING ROAD RUNNERS | 00:43:43 | MV50 | 221 |
| 6 | 60 | ROBERT HODGES | BEARBROOK JOGGERS | 00:45:33 | MV50 | 258 |
| 7 | 72 | STEVE CHARLESTON | BEARBROOK JOGGERS | 00:46:24 | MV50 | 195 |
| 8 | 75 | NIGEL EALAND | HILLINGDON AC | 00:46:49 | MV50 | 286 |
| 9 | 79 | JOHN MANNING | TRING RUNNING CLUB | 00:47:06 | MV50 | 116 |
| 10 | 81 | MICHAEL HOWARD | HILLINGDON AC | 00:47:09 | MV50 | 503 |
| 11 | 83 | TED HAMILTON | HILLINGDON AC | 00:47:16 | MV50 | 454 |
| 12 | 84 | NIGEL DERBY | CHILTERN HARRIERS AC | 00:47:17 | MV50 | 140 |
| 13 | 90 | PETER MORRIS | READING ROAD RUNNERS | 00:47:41 | MV50 | 256 |
| 14 | 91 | RICHARD FOSKETT | HERTS PHOENIX | 00:47:42 | MV50 | 320 |
| 15 | 93 | JOHN MULLINER | HILLINGDON AC | 00:47:50 | MV50 | 280 |
| 16 | 95 | BRIAN BOWER | BURNHAM JOGGERS | 00:47:57 | MV50 | 232 |
| 17 | 97 | LES LEPPER | MARLOW STRIDERS | 00:48:03 | MV50 | 148 |
| 18 | 98 | JOHN MYALL | HILLINGDON AC | 00:48:05 | MV50 | 272 |
| 19 | 99 | JOHN FALVEY | EALING SOUTHALL & MIDDLESEX AC | 00:48:08 | MV50 | 136 |
| 20 | 100 | ALASTAIR BENBOW | MAIDENHEAD AC | 00:48:10 | MV50 | 463 |
| 21 | 103 | MARTIN SEARLE | HILLINGDON AC | 00:48:21 | MV50 | 461 |
| 22 | 108 | JEREMY LOCKETT | NONE | 00:48:35 | MV50 | 177 |
| 23 | 113 | MIKE HOLLIS | HANDY CROSS RUNNERS | 00:48:40 | MV50 | 253 |
| 24 | 134 | NIGEL ROSE | MARLOW STRIDERS | 00:50:03 | MV50 | 270 |
| 25 | 135 | MICHAEL HILL | WINDSOR SLOUGH ETON & HOUNSL | 00:50:04 | MV50 | 194 |
| 26 | 138 | ADE GIBBON | VEGETARIAN CYCLING AND ATHLETI | 00:50:09 | MV50 | 312 |
| 27 | 140 | ANDREW MANSI | HILLINGDON AC | 00:50:16 | MV50 | 271 |
| 28 | 144 | DAVE YOUNG | METROS | 00:50:29 | MV50 | 297 |
| 29 | 146 | BRENT CURLESS | DATCHET DASHERS | 00:50:35 | MV50 | 411 |
| 30 | 149 | MIKE THOMPSON | MARLOW STRIDERS | 00:50:43 | MV50 | 217 |
| 31 | 155 | RICHARD DERRICK | ST ALBANS STRIDERS | 00:50:54 | MV50 | 319 |
| 32 | 159 | RICHARD BACON | NONE | 00:51:01 | MV50 | 377 |
| 33 | 186 | NICK BELL | STROUD AND DISTRICT AC | 00:52:19 | MV50 | 159 |
| 34 | 187 | RAY VANGO | RUNNYMEDE RUNNERS | 00:52:28 | MV50 | 128 |
| 35 | 189 | DAVID BOULTER | NONE | 00:52:42 | MV50 | 515 |
| 36 | 201 | STEVE CLIFF | NONE | 00:52:26 | MV50 | 307 |
| 37 | 203 | DAVID WARDLE | HILLINGDON AC | 00:53:30 | MV50 | 318 |
| 38 | 208 | EMER O'KELLY | ETON TRI CLUB | 00:53:43 | MV50 | 230 |
| 39 | 210 | DAVID HERON | TRING RUNNING CLUB | 00:53:55 | MV50 | 105 |
| 40 | 217 | DAVID SWAN | METROS | 00:54:12 | MV50 | 155 |
| 41 | 234 | JOHN STRATFORD | HILLINGDON AC | 00:55:02 | MV50 | 225 |



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Race Results (by Category)

| | | | | | | |
|----|-----|---------------------|--------------------------|----------|------|-----|
| 42 | 235 | MARTIN STUBBINGS | CHILTERN HARRIERS AC | 00:55:07 | MV50 | 360 |
| 43 | 236 | RICHARD COLEMAN | BURNHAM JOGGERS | 00:55:09 | MV50 | 379 |
| 44 | 237 | STEVE GARDNER | HILLINGDON TRIATHLETES | 00:55:09 | MV50 | 300 |
| 45 | 242 | TONY HILL | TRING RUNNING CLUB | 00:55:14 | MV50 | 122 |
| 46 | 245 | GERALD KILLEN | MAIDENHEAD AC | 00:55:24 | MV50 | 192 |
| 47 | 251 | PHILIP DAVIES | READING JOGGERS | 00:55:42 | MV50 | 391 |
| 48 | 254 | RAYMONDE WOODMAN | SANDHURST JOGGERS | 00:56:04 | MV50 | 387 |
| 49 | 256 | PETER FRANCIS | NONE | 00:56:08 | MV50 | 476 |
| 50 | 257 | MARKUS KINCH | BEARBROOK JOGGERS | 00:56:09 | MV50 | 112 |
| 51 | 268 | STEPHEN COOPER | NONE | 00:56:46 | MV50 | 441 |
| 52 | 271 | NED WILKINSON | HILLINGDON TRIATHLETES | 00:57:02 | MV50 | 508 |
| 53 | 274 | PAUL BRADLEY | MAIDENHEAD AC | 00:57:11 | MV50 | 384 |
| 54 | 283 | GEOFF HICKMER | NONE | 00:57:55 | MV50 | 290 |
| 55 | 284 | MELVYN FOLKARD | CHILTERN HARRIERS AC | 00:57:58 | MV50 | 496 |
| 56 | 297 | PHILLIP RANCE | BEARBROOK JOGGERS | 00:58:48 | MV50 | 142 |
| 57 | 298 | BRIAN LUCKETT | NONE | 00:58:49 | MV50 | 242 |
| 58 | 303 | WAYNE WARREN | READING ROAD RUNNERS | 00:59:04 | MV50 | 306 |
| 59 | 308 | BRIAN LAYTON | TRING RUNNING CLUB | 00:59:07 | MV50 | 375 |
| 60 | 315 | ROBERT WALKER | BRACKNELL FOREST RUNNERS | 00:59:23 | MV50 | 443 |
| 61 | 317 | ANDREW COLES | NONE | 00:59:31 | MV50 | 337 |
| 62 | 319 | MARK NICHOLS | NONE | 00:59:40 | MV50 | 113 |
| 63 | 328 | ANTHONY RODWAY | NONE | 01:00:09 | MV50 | 378 |
| 64 | 331 | ROBIN MELLER | NONE | 01:00:11 | MV50 | 204 |
| 65 | 332 | PETER ROSE | METROS | 01:00:14 | MV50 | 313 |
| 66 | 334 | MARTIN ROACH | NONE | 01:00:19 | MV50 | 283 |
| 67 | 339 | HENRY HARDING | NONE | 01:00:28 | MV50 | 231 |
| 68 | 340 | MICHAEL ALSWORTH | 100 MARATHON CLUB | 01:00:36 | MV50 | 380 |
| 69 | 350 | JOHN HENKE | NONE | 01:00:58 | MV50 | 226 |
| 70 | 354 | BRENDEEN HURPHY | NONE | 01:01:10 | MV50 | 371 |
| 71 | 356 | BRIAN FISHER | COVE JOGGERS | 01:01:15 | MV50 | 301 |
| 72 | 364 | JOE NOLAN | BRITISH AIRWAYS | 01:01:37 | MV50 | 125 |
| 73 | 373 | IAN BENNETT | NONE | 01:01:53 | MV50 | 448 |
| 74 | 375 | NIGEL PATTERSON | MAIDENHEAD AC | 01:01:59 | MV50 | 412 |
| 75 | 376 | DAVID BLUNDELL | THAMES HARE AND HOUNDS | 01:02:03 | MV50 | 227 |
| 76 | 383 | MARTIN RICHARD BUSH | READING ROAD RUNNERS | 01:02:36 | MV50 | 257 |
| 77 | 384 | DAVID SMITH | NONE | 01:02:39 | MV50 | 446 |
| 78 | 425 | STEVE BIENKOWSKI | NONE | 01:06:44 | MV50 | 209 |
| 79 | 439 | GRAHAM SPRATT | READING ROAD RUNNERS | 01:08:37 | MV50 | 124 |
| 80 | 446 | PETER WATERS | NONE | 01:09:26 | MV50 | 442 |
| 81 | 448 | TONY RUMBOLD | WATFORD JOGGERS | 01:09:44 | MV50 | 215 |
| 82 | 451 | CLIVE BORTHWICK | NONE | 01:09:52 | MV50 | 345 |
| 83 | 479 | STEPHEN WARD | NONE | 01:14:16 | MV50 | 521 |
| 84 | 487 | COLIN EVERED | NONE | 01:17:58 | MV50 | 367 |



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Race Results (by Category)

MV60

| Cat Pos | Position | Name | Club/Team | Finish Time | Category | Number |
|---------|----------|---------------------|---------------------------|-------------|----------|--------|
| 1 | 111 | BRYON HEYWOOD | BURNHAM JOGGERS | 00:48:38 | MV60 | 457 |
| 2 | 158 | BRIAN BENNETT | RUNNYMEDE RUNNERS | 00:50:58 | MV60 | 431 |
| 3 | 200 | TONY MOLESWORTH | CHILTERN HARRIERS AC | 00:53:26 | MV60 | 193 |
| 4 | 213 | STEPHEN GATHERCOLE | MORNINGTON CHASERS | 00:53:56 | MV60 | 229 |
| 5 | 227 | PETER HAMSON | TRING RUNNING CLUB | 00:54:47 | MV60 | 336 |
| 6 | 244 | DONAL KERRIGAN | HIGHGATE HARRIERS | 00:55:16 | MV60 | 154 |
| 7 | 253 | MICHAEL HICKMAN | HANDY CROSS RUNNERS | 00:55:47 | MV60 | 199 |
| 8 | 275 | MARTIN ROGAN | METROS | 00:57:16 | MV60 | 260 |
| 9 | 290 | DAVID WALKER | CHILTERN HARRIERS AC | 00:58:25 | MV60 | 161 |
| 10 | 307 | DAVID IVES | DACORUM & TRING AC | 00:59:04 | MV60 | 236 |
| 11 | 313 | ARTHUR AIREY | THAME RUNNERS | 00:59:21 | MV60 | 281 |
| 12 | 322 | PAUL QUILTER | NONE | 00:59:51 | MV60 | 185 |
| 13 | 324 | IAN TRAIL | NONE | 00:59:52 | MV60 | 123 |
| 14 | 382 | ARNOLD GLICKMAN | PURPLE PATCH RUNNERS | 01:02:32 | MV60 | 368 |
| 15 | 402 | STEPHEN MARFLEET | NONE | 01:04:39 | MV60 | 146 |
| 16 | 410 | CLIVE THUNDERCLIFFE | BRACKNELL FOREST RUNNERS | 01:05:15 | MV60 | 238 |
| 17 | 429 | JAMES BUTCHER | DATCHET DASHERS | 01:07:08 | MV60 | 415 |
| 18 | 433 | BRIAN GRAVES | MARSHALL MILTON KEYNES AC | 01:07:49 | MV60 | 398 |
| 19 | 450 | BRIAN HAYNES | NONE | 01:09:50 | MV60 | 310 |
| 20 | 460 | PETER COLLINS | RUNNYMEDE RUNNERS | 01:11:00 | MV60 | 220 |
| 21 | 488 | RALPH WHITLOCK | NONE | 01:18:09 | MV60 | 395 |



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Race Results (by Category)

MV70

| Cat Pos | Position | Name | Club/Team | Finish Time | Category | Number |
|---------|----------|---------------|----------------------|-------------|----------|--------|
| 1 | 309 | TIM POVEY | READING ROAD RUNNERS | 00:59:12 | MV70 | 223 |
| 2 | 318 | DENNIS DRAPER | GARDEN CITY RUNNERS | 00:59:34 | MV70 | 392 |
| 3 | 333 | GORDON MARRS | NONE | 01:00:16 | MV70 | 314 |
| 4 | 366 | TOM HARRISON | READING ROAD RUNNERS | 01:01:38 | MV70 | 169 |