

STAGGERED JOG - 10 km April 2022

Annual Competition Score		Performance	Runners % Comparison
1	Simon North	43 41 *	3.6
2	Hilton Lindo	46 20	1.66
3	Alan Watson	76 47	-3.34
4	Hilary Gauna	76 47	-3.39
5	Rachel Sammes	55 19	-4.6
6	Derek Humphrey	42 16	-4.88
7	Sarah Pearson	44 42	-5.51
8	Phaedra Casey	58 59	-6.66
9	Niki Parker	68 28	-8.39
10	Andrew Somerville	62 45	-10.8
11	Amanda Silvey	55 7	-18.4
12	Mark Digby	55 7	-18.57
13	Jo Luty	61 36	-20.82
14	Simon Luty	61 36	

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