

## STAGGERED JOG - 10 km

October 2022

Runners

Annual Competition Score		Performance	% Comparison
1	Ferdinando D'Anna	54 15 *	2.89
2	Alison Cronin	54 26	2.30
3	Tom Kingsbury	48 49 *	0.71
4	Chris Rose	42 12	0.16
5	Hilton Lindo	44 30	0.15
6	Rachel Sammes	53 14	-0.66
7	Sarah Pearson	42 37	-0.83
8	Jo Luty	53 5	-1.02
9	Andy Burland	46 20	-1.13
10	Phaedra Casey	56 13	-1.66
11	Paul Sasada	45 48	-1.97
12	Warren Lovell	53 13	-2.08
13	Nigel Wright	48 7	-2.23
14	David Barnes	42 39	-3.27
15	Sean Rooney	43 16	-3.43
16	Claire Symons	62 49	-3.92
17	Derek Wilkins	65 45	-4.26
18	Stefan Stasiuk	65 26	-5.14
19	Hilary Gauna	79 54	-5.25
20	John Boddington	41 52	-5.37
21	Patricia Keene	62 26	-7.12
22	Alan Watson	79 54	-8.54
23	Nigel Sullivan	47 59	-8.56
24	Linda Groome	79 24	-9.59
25	Claire Pusey	47 35	-12.45
26	Mark Evans	47 7	-15.25
27	Niki Parker	75 57	-17.45
28	Isabelle Jeffries	100 12	-17.58
29	Alice Whiteman-Turl	100 12	-21.16
30	Mihaela Cati Preda	70 0	-22.27
31	Oliver Keene	69 6	-24.50
32	Paul Boote	45 20	
33	Bruce Cooke	62 21	
34	Abi Watson	54 46 *	

Personal Best \*