

STAGGERED JOG - 10 km

Annual Competition Score		Performance	% Comparison
1	Hilary Gauna	73 38	3.01
2	Caroline Sealy	55 15	2.41
3	Matthew Higginson	45 50	-2.15
4	Niki Burland	66 13	-2.87
5	Claire Symons	62 15	-2.98
6	Derek Wilkins	66 10	-4.92
7	Phaedra Casey	58 16	-5.36
8	Jo Luty	56 24	-7.33
9	Amanda Silvey	50 11	-7.81
10	Annabel Heath	73 38	-8.55
11	Hilton Lindo	50 9	-12.7
12	Sarah Pearson	56 24	-33.44
13	Helen Casey	66 10	
13	Bruce Cooke	52 55	